



Maryland 4-H Project List

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| <ul style="list-style-type: none"> Aerospace Agriculture Education Agronomy Alpacas & Llamas Aquaculture ATV Safety Automotive Babysitting Beef, Breeding Beef, Market Beekeeping Bicycle Cats Cavies/Guinea Pigs Child Development Citizenship & Service Clothing and Textiles Clover (5-7 years only) Communications Computers Consumer Education Crafts Dairy Cattle, Breeding Dairy Cattle, Steer Dogs Ecology Electricity Embryology Entomology Entrepreneurship Environmental Science Exploring 4-H Expressive Arts Family Life Fashion | <ul style="list-style-type: none"> Finance Fishing Food and Nutrition Forestry Gardening Geospatial - GPS/GIS Goat, Dairy Goat, Fiber Goat - Meat, Breeding Goat - Meat, Market Goat, Pet Health Healthy Lifestyles Hobbies Home Environment Horses and Ponies Horticulture Landscaping Leadership Natural Resources & Conservation Outdoor Education Pets Photography Plant Science Poultry, Breeding Poultry, Market Public Speaking Rabbits Rabbits, Market Reading Recreation Robotics Safety Self-Determined | <ul style="list-style-type: none"> Sewing Sheep, Breeding Sheep, Market Shooting Sports, Air Pistol Shooting Sports, Air Rifle Shooting Sports, Archery Shooting Sports, Hunter Safety Shooting Sports, Muzzleloader Shooting Sports, Shotgun Shooting Sports, Small Bore Rifle Small Engines STEM – Science, Engineering, Technology & Math Swine, Breeding Swine, Market Theatre Arts Tractors Veterinary Science Visual Arts Water Quality Welding Wildlife Management Woodworking Workforce Readiness |
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First & Second year 4-Hers are encouraged to register for the “Exploring 4-H” project which allows members to enter any project in the Cecil County Fair excluding animal projects which members MUST be registered for.

If you are interested in purchasing curriculum, please refer to the 4-H Project Resource List.

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class

To Learn More: Contact your local 4-H office.



Is a project you want to work on missing from the list above?

You may create your own Self-Determined project with pre-approval of 4-H staff or club leaders.

Many 4-H projects have curriculum books available that can guide you through at least your first few years of working in a new project area. Project books can be ordered online at <http://www.4-h.org/resource-library/curriculum/>.

4-H Project Requirements

Members are expected to select at least one 4-H project each year and work on the project throughout the year. You may participate in a club project and/or work on a project independently at home. Please keep accurate records of your 4-H work using the record book forms. **NOTE: Clovers (ages 5,6, or 7 as of January 1 of the program year) only need to complete a clover record, not a full record book.**

There are three parts to “**completing**”* a project:

- (1) **project learning activities**—do several learning activities related to your project during the year
- (2) **project communication activity**—give a demonstration, illustrated talk, or other kind of talk at a club meeting, in school, at a community event, etc.
- (3) **project exhibit**—exhibit your project work in a public place: at the county fair, at school, at a community event, etc.

*If you do project learning activities and a talk OR an exhibit and submit your record book in January, you will qualify for a project certificate; if you do all three, you will qualify for a project pin (if available).

Importance of 4-H Record Books and Senior Portfolios

Record keeping is an important skill because it helps us learn to organize and store important information. In 4-H, records help you keep track of the knowledge and skills you have learned and the leadership, public speaking, and citizenship activities you have completed. Putting together a 4-H record book or a senior portfolio is an excellent way to improve your record-keeping skills and prepare yourself for managing information when you become an adult.

4-H Members who submit completed record books or senior portfolios to the Extension Office in January (due the day after MLK, Jr. Day) will be recognized for their project accomplishments at the annual 4-H Achievement Program in March! The more accurate your record book or portfolio is, the easier it is for the judges to determine which projects you will be recognized for.

At the Achievement Program, **year pins** are awarded based on the number of years that a record book or portfolio has been submitted. **Project certificates** are awarded for projects that are mostly complete or projects for which pins are not available. **Project pins** are awarded for fully completed projects.

If a 4-H member chooses to do more than one project in a year, he/she must complete the requirements for each project and turn in a completed project record for each project for which he/she wants recognition.

How to Complete Your 4-H Record Book

Record Books: New members are sometimes a little overwhelmed by record books, but doing a record book is easy. If you work on a project during the year and you want to be recognized at the Achievement Program for your project work, turn in a record book that tells what you accomplished during the year.

Type-in and write-on record book forms are available online: extension.umd.edu/talbot-county.

NOTE: YOU DON'T NEED TO COMPLETE A PROJECT RECORD FOR EVERY PROJECT YOU WORK ON, JUST FOR THE ONES YOU WANT TO BE RECOGNIZED FOR AT THE ACHIEVEMENT PROGRAM!

Here are the parts of a 4-H record book:

- ✓ Member Information Page
- ✓ 4-H Summary Record
- ✓ 4-H Story (see below)
- ✓ 4-H Project Records (one record for each project if you want project recognition)
- ✓ 4-H Photographs of member doing his/her project work
- ✓ 4-H News Clippings or other documentation of member's or club's involvement in 4-H
- ✓ 4-H Correspondence about member's projects, community service, etc. (letters, e-mail messages, newsletters, etc. from volunteers, 4-H staff, or others)

Writing Your 4-H Story

Your 4-H Story is the part of your record book where you can describe the work you have done in 4-H, what you have learned, the service projects you have completed, etc.

To write your story, introduce yourself and tell about your family, hobbies, school activities, 4-H clubs, etc. Next, describe your 4-H projects, learning activities, service projects, etc. that you participated in during the year.

Don't wait until the last minute to start your record book!!! Record keeping is an ongoing process. Call the 4-H Office at (410) 822-1244 if you need help.

Senior Portfolios: An Option for High School Students

4-H seniors are permitted to submit portfolios instead of record books. A portfolio consists of two parts, a 4-H resume similar to a job resume (this format gives you practice for real-world resume writing!) and an essay. If you would like recognition at the Achievement Program for your project work, complete the resume portion (the essay is optional) and submit a description of the projects you worked on during the year. If you plan to apply to attend out-of-state trips, the essay portion is required too. Contact the Extension Office if you need information or go to extension.umd.edu/4-H, click the "For Youth & Families" tab, click "Awards and Recognition," and click "Portfolio Program."