



January 2022

SMART CHOICE – SMART USE SCHOLARSHIP 2021

Refereed Extension Publications

Nuckols, D., Sorenson, C., McCoy, L., & Ajiboye, R. (2021) *Health Insurance Claim Problem? How to Navigate the Health Insurance Claims Process*. College Park, Maryland, University of Maryland Extension. FS- 2021-0613. Found at <https://extension.umd.edu/resource/health-insurance-claim-problem-how-navigate-health-insurance-claims-process>

UME FCS Breathing Room, A Wellness Blog

Scott, A. (2021, December). Health Insurance and Pregnancy. Found at <https://breathingroom.umd.edu/2021/12/02/health-insurance-and-pregnancy/>

Ketterman, J. (2021, September). *Medicare Enrollment - What do I need to know?* <https://breathingroom.umd.edu/2021/09/09/medicare-enrollment-what-do-i-need-to-know/>

Ketterman, J. (2021, March). *Do I need a different insurance plan.* Found at <https://breathingroom.umd.edu/2021/07/01/do-i-need-a-different-insurance-plan/>

Ketterman, J. (2021, March). *Staying Healthy with Health Insurance.* Found at <https://breathingroom.umd.edu/2021/03/11/staying-healthy-with-health-insurance/>

Proposals Submitted

Ketterman, J. & Pippidis, M. (2021). *Health Insurance Options for Farmers and Small Business Owners*, National Extension Association for Family and Consumer Sciences Annual Conference. (Rejected)

Nuckols, D., & Ketterman, J. (2021). *Clash of the Expectations: Avoid, Prevent, and Solve Surprise Health Insurance and other Conflicts*, Association for Financial Counseling & Planning Education. (Accepted)

Nuckols, D., Ketterman, J., McCoy, L., Pippidis, M., & Sorenson, C. (2021). *When Your Health Insurance Plan Says No: How to Avoid, Prevent, and Solve Surprise Conflicts*, National Extension Association for Family and Consumer Sciences Annual Conference. (Accepted)

Pippidis, M. & Ketterman, J. (2021). *Health Insurance Options for Farmers and Small Business Owners*, Extension Risk Management Education. (Accepted)

Pippidis, M., & Ketterman, J. (2021). *Understanding Health Insurance Options for Small Business Owners*, Association for Financial Counseling & Planning Education. (Accepted)

Peer-Reviewed Presentations

Ketterman, J. & Pippidis, M. (2021). *Health Insurance Options for Farmers and Small Business Owners*, Epsilon Sigma Phi Workshop Series. Virtual.

Ketterman, J. & Pippidis, M. (2021). *Health Insurance Options for Farmers and Small Business Owners*, National Extension Risk Management Education Conference. Virtual.

Nuckols, D. (2021). *Conflict Resolution and Health Insurance*. Epsilon Sigma Phi Workshop Series. Virtual

Nuckols, D., & Ketterman, J. (2021). *Clash of the Expectations: Avoid, Prevent, and Solve Surprise Health Insurance and other Conflicts*, Association for Financial Counseling & Planning Annual Symposium.

Nuckols, D., Ketterman, J., McCoy, L., Pippidis, M., & Sorenson, C. (2021). *When Your Health Insurance Plan Says No: How to Avoid, Prevent, and Solve Surprise Conflicts*, National Extension Association for Family and Consumer Sciences Annual Conference.

Pippidis, M., & Ketterman, J. (2021). *Understanding Health Insurance Options for Small Business Owners*, Association for Financial Counseling & Planning Annual Symposium.

Invited Presentations

Becot, F. & Pippidis, M. (2021). *Health Insurance Options for Farmers and Small Business Owners*, Wisconsin Agrability Program. Virtual.

Ketterman, J. & Sorenson, C. (2021). *Smart Choice Health Insurance Basics, Get the Facts, Get Covered: Virtual Town Hall Conversations*, DC Health Link.

Ketterman, J., Sorenson, C., & Russell, M. (2021). *Smart Choice Health Insurance Basics, Get the Facts, Get Covered: Virtual Town Hall Conversations*, DC Health Link.

Teaching (Certified Educators, Other Educators and Consumers)

The HILI (Health Insurance Literacy Initiative) team led 33 Smart Choice / Smart Use workshops reaching 270 individuals. Workshops were offered mostly online to certify educators, as professional development for partnering organizations, and consumer workshops.

Certified Educators

Ketterman, J., Galeano, J., Braun, B., Brown, V., Little, L., McCoy, L. Nuckols, D., Pippidis, M., & Sorenson, C. (2021). *Smart Choice / Smart Use Virtual Certified Educator Course* - (4 Completed /2 Started)

Professional Development of Community Partners

Nuckols, D. (2021, December). *Your Health Insurance Benefits, and Managing Conflicts*. MSDE Childcare Professionals' Training.

Nuckols, D., Bievenour, M., Ketterman, J., & Sorenson, C. (2021, November). *Money, Health, and Health Insurance: Smart Choice Basics / Smart Use Understanding Costs, Your Health Insurance Benefits, and Managing Conflicts*. University of Maryland Shore Medical Center.

Nuckols, D., Bievenour, M., Ketterman, J., McCoy, L. Pippidis, M., & Sorenson, C. (2021, October). *Money, Health, and Health Insurance: Smart Choice Basics / Smart Use Understanding Costs, Your Health Insurance Benefits, and Managing Conflicts*. Montgomery County Department of Health and Human Services.

Sorenson, C., Ketterman, J., & McCoy, L. (2021, September). *Smart Choice Basics / Smart Use Understanding and Estimating Costs*. DC Health Connect.

Consumer Workshops

Virtual

Ketterman, J. (2021, November). *Smart Use: Managing Health Insurance and Resolving Conflicts*, Work Experience Program.

Pippidis, M., Ketterman, J., & Bievenour, M. (2021, November). *Smart Choice Smart Use: Health Insurance in Your Senior Years*.

Pippidis, M., Ketterman, J., & Bievenour, M. (2021, October). *Smart Choice Smart Use: Health Insurance in Your Senior Years*.

Sorenson, C. & Ketterman, J. (2021, October). *Smart Choice - Basics*. Fall Series.

Bievenour, M., Nuckols, D., & Pippidis, M. (2021, September). *Smart Choice - Basics*. Fall Series.

Sorenson, C., Ketterman, J., & Bievenour, M. (2021, September). *Smart Use: Your Health Insurance Benefits*. Fall Series.

Ketterman, J., Nuckols, D., & Bievenour, M. (2021, August). *Smart Use: Understanding and Estimating Health Care Costs*. Fall Series.

Nuckols, D. & Ketterman, J. (2021, August). *Smart Use: Managing Health Insurance and Resolving Conflicts, Fall Series*.

Ketterman, J. (2021, July). *Smart Use: Managing Health Insurance and Resolving Conflicts, Work Experience Program*.

Ketterman, J. & Pippidis, M. (2021, May). *Health Insurance Options for Farmers and Small Business Owners, ESP Webinar Series. Virtual*.

Ketterman, J. & Pippidis, M. (2021, May). *Health Insurance Options for Farmers and Small Business Owners, MidAtlantic Women in Agriculture Lunch and Learn Series. Virtual*.

Nuckols, D. & Ketterman, J. (2021, April) *Smart Use: Managing Health Insurance and Resolving Conflicts, HILI Spring Series*.

Nuckols, D. & Ketterman, J. (2021, April) *Managing Health Insurance and Resolving Conflicts, HILI Spring Series*.

Nuckols, D. & Sorenson, C. (2021, April). *Smart Use: Your Health Insurance Benefits. HILI Spring Series*.

Nuckols, D. & Sorenson, C. (2021, April). *Smart Use: Your Health Insurance Benefits. HILI Spring Series*.

Pippidis, M. & McCoy, L. (2021, April). *Smart Use: Understanding and Estimating Health Care Costs, HILI Spring Series*.

Pippidis, M. & McCoy, L. (2021, April). *Smart Use: Understanding and Estimating Health Care Costs, HILI Spring Series*.

Sorenson, C. & Ketterman, J. (2021, April) *Smart Use Smart Actions, HILI Spring Series*.

Sorenson, C. & Ketterman, J. (2021, April) *Smart Use Smart Actions, HILI Spring Series*.

Nuckols, D. (2021, April) *Managing Health Insurance and Resolving Conflicts, Managing Personal Finances*.

Nuckols, D. (2021, April) *Managing Health Insurance and Resolving Conflicts, UMBC Money Week*.

Nuckols, D. (2021, April) *Smart Choice - Basics, Managing Personal Finances*.

Nuckols, D. (2021, April) *Smart Choice - Basics, UMBC Money Week*.

Ketterman, J. (2021, March) *Managing Health Insurance and Resolving Conflicts, Work Experience Program*.

Nuckols, D, and Sorenson, C. (2021, February) *Smart Use Smart Actions*, LBPB Library for the Blind.

Ketterman, J. (2021, February). *Smart Use Understanding and Estimating Health Care Costs*, Work Experience Program.

Ketterman, J. (2021, January). *Smart Use Smart Actions*, Work Experience Program.

Nuckols, D. (2021, January). *Managing Health Insurance and Resolving Conflicts*, Good Morning Farmer.

Pippidis, M. & Ketterman, J. (2021, January). *Smart Choice Smart Use Healthcare in Your Senior Years*, Delaware Agriculture Week, Investing in Your Farms Future Series.

Awards

Ketterman, J., Pippidis, M., McCoy, L., Braun, B., Brown, V., Little, L., Sorenson, C., Nuckols, D., & Wang, C. (2021, January). *Understanding and Estimating Health Care Costs*. NEAFCS Financial Management Award, Md Affiliate, 3rd Place.

HILI Team

University of Maryland Extension

Mike Bievenour, Ali Hurtado, Jesse Ketterman, Jinhee Kim, Lisa McCoy, Dorothy Nuckols, Carrie Sorenson, and Chenzi Wang

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Maria Pippidis