



MARYLAND 4-H GENERAL PROJECT RECORD

Name	Sally Senior	4-H Age	16
Primary Club Name	Breezy Hills 4-H Club		
Years in 4-H	8	Years in this Project	8
I have completed this record and believe all information to be complete and accurate.			
_____		_____	
Member's Signature	Date	Parent's Signature	Date

Club Leader Signature (If required by county/city)			

What goals did you set for your project this year and how did you achieve them?

I wanted to work more with wool because it's a new material that I haven't worked with. I accomplished this goal by making a wool suit.

I wanted to improve my hand-hemming technique. I practiced this by sewing almost all of my hems by hand, and I have gotten a lot better!

Project being completed in this record: Fashion

What were two things you learned from completing this project this year?

1. I learned a lot about working with wool fabrics, such as that I needed to use a heavier needle to go through it and that it's important that you use special laundry detergents that are safe for wool.

2. Good quality wool doesn't pull like acrylic felts do.

What is one thing you would like to improve or do differently with your project next year?

I would like to try to sew some dolls next year.

I am also interested in learning more about "green" textiles.

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Life Skills

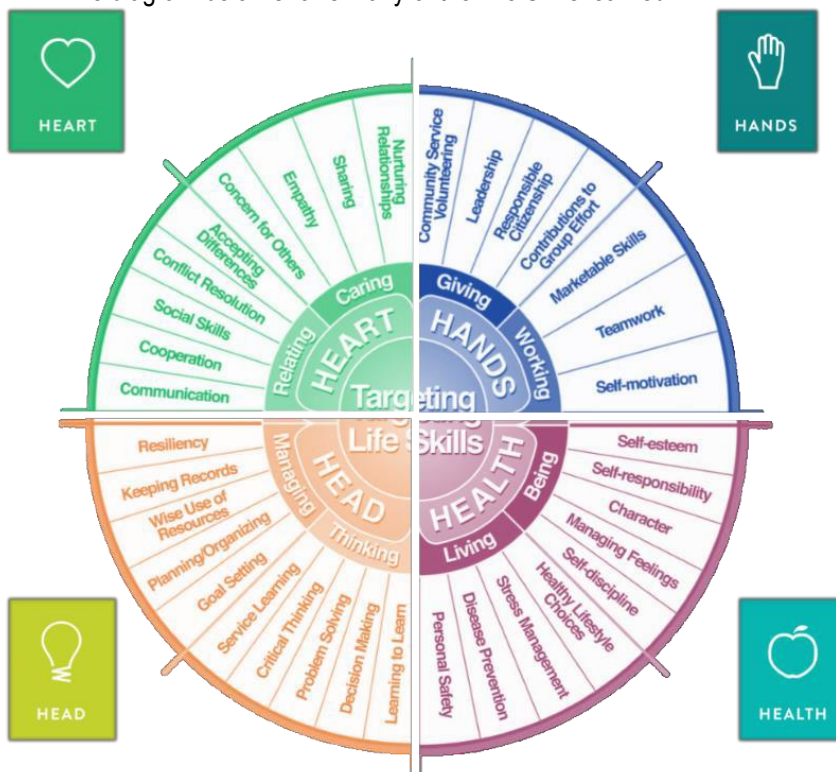
Describe the Life Skills you used and what you learned in relation to your project.

Example Table

I used one or more of these Life Skills from the Targeting Life Skills Wheel	What I learned as a result of using this skill.
HEAD Example: Decision Making	I learned that I needed to be sure to budget my money when purchasing craft supplies so I would have enough to cover all of my expenses.
HEART Example: Sharing	I learned how to give younger 4-H members pointers on how to make a wreath through a visual presentation.
HAND Example: Community Service Volunteering	Through my woodworking project, I have learned many new skills. I found it to be beneficial to my community to utilize those woodworking skills when volunteering to build a wheel chair ramp.
HEALTH Example: Managing Feelings	I learned to control my feelings when I became frustrated that the new cake I baked didn't rise. Since I didn't have success with the new cake recipe, I am going to research other options that I could try.

I used one or more of these Life Skills from the Targeting Life Skills Wheel	What I learned as a result of using this skill.
HEAD	I learned how to better manage time with each project and to make realistic decisions based on my skill set and the time allotted for each project. I picked projects that I could manage to complete with a couple new challenges, like picking a new type of fabric (wool).
HEART	I taught members of the club how to knit and crochet hats in order to donate our projects to a local children's hospital.
HAND	By giving my time to work with younger members on their projects, I strengthened my own skill set and gave them the tools they needed to complete their first outfit.
HEALTH	This year I started working with wool and hemp which are natural fibers. I hope to one day spin my own yarn and make "green" textiles to sew with.

The diagram below shows many of the Life Skills learned in 4-H:



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Project Activities/Learning Experiences and Project Resources

Include: Field Trips, Meetings, Workshops, any Learning Experiences, etc.

All project activities/learning experiences listed should be about this project area only.

Date	Name of Activity/Event/Learning Experience/Resource	What I Learned
2/18	Hands-On Demo: Basic Hand Stitches	How to better convey stitching to other club members
3/16	Taught Beach Cover-up workshop	Improved teaching techniques. Worked on my own straight-stitching skills
4/22	County sewing workshop	Worked on wool sewing techniques. Received feedback on my suit and made alterations based on suggestions
5/27	Participated in county fashion revue	Worked on better answering interview questions. Participated in modeling practices.
9/1	State Fashion Revue	Listened to feedback from judges. Learned how to better fit garments to my silhouette
10/13	Maryland Make it with Wool Workshop	Learned seam finishing techniques and how to identify wool quality
11/25	Hat making workshop	Learned new knitting stitches and taught club members basic crochet stitches. Made 7 hats to donate.
12/13	Fabric ornaments	Learned how to hand stitch fabric ornaments to sell at a local craft fair

Project Communications

Include: Speeches, Demonstrations, Visual Presentations, Etc.

All project communications listed should be about this project area only.

Date	Type of Communication	Title	Location (School, Club, County, Regional, State, National etc.)
2/18	Demonstration	Basic Hand Stitches	Club Meeting
3/16	Workshop	Beach Cover-Up	Club Project Workshop
5/27	Narrator	County Fashion Revue Narrations	County

Project Exhibits

Include: Fairs, Shows, Community Events, Contests, etc.

All project exhibits listed should be for this project area only.

Date	Exhibit/Class	Event/Activity	Placing (if applicable)
5/27	Fitted Sleeveless Dress, Three-Piece Wool Suit, Re-designed Outerwear	County Fashion Revue	2 CC, 1 Reserve Champion, Top Model
8/28	Fitted Sleeveless Dress, Three-Piece Wool Suit, Re-designed Outerwear, Quilted Blanket	Maryland State Fair	3 Blue Ribbons, 1 Red
9/1	Three-Piece Wool Suit	State Fashion Revue	Reserve Class Champion
9/15	Fitted Sleeveless dress, Three-Piece Wool Suit, Re-designed Outerwear, Quilted Blanket, 4 accessories	Frederick County Fair	1 Champion, 7 Blues, 1 Red
12/15	150 Fabric Ornaments	New Market Craft Show	N/A

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Table 1: Project Expenses

Include all costs associated with project. Examples: Ingredients, Paint, Wood, Fabric, Fees, Lessons, Services, Resources, etc.

Date	Description of Item Purchased	Cost
2/18	Hands-on Demo Materials	25.00
3/16	Beach Cover-Up Workshop Materials	17.00
4/22	County Sewing Workshop Registration	5.00
5/27	Materials for County Fashion Revue outfits	45.00
10/13	Maryland Make it with Wool Workshop registration	15.00
11/25	Hat making workshop materials – donated	0.00
12/13	Fabric Ornament Materials	35.00
	Total Expenses	142.00

Table 2: All Income

Includes: Premiums, Selling Project Work Items, etc.

Date	Description of Income	Income Amount
3/16	Beach Cover-Up Workshop Registration	15.00
9/1	State Fair Premiums	15.00
9/15	County Fair premiums	32.50
11/25	Hat making workshop registration	25.00
12/13	Fabric Ornaments sold (150 at 2.50 each)	375.00
	Total Income	462.50

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Financial Summary: Please make sure to use the totals from Tables 1 and 2.

Determine how much money you made or lost on your project. Profit or loss is no indication of project success. Profit means your project brought in more income than you brought in and profit loss means your project brought in less than you spent. This does not necessarily indicate the quality of a project. You can determine your profit (or loss) by:

A. Income

1. Income Total (Table 2) \$ 462.50

Total Income (A) \$ 462.50

B. Expenses

1. All Expenses (Table 1) \$ 142.00

Total Expenses (B) \$ 142.00

Subtract B from A to get profit or loss

Total \$ +320.50 **(profit or loss)**